

Create Your Own Schedule for Building Your MLM Business Part-Time

	Start - End	Start - End	Start - End	Start - End	Start - End	Start - End	Start - End
Example:	7AM -8:30 AM	8:30 AM - Noon	Noon - 1 PM	1 PM - 5 PM	5 PM - 7 PM	7 PM - 9 PM	9 PM - 11 PM
Create Your Times							
Monday							
Tuesday							
Wednesday							
Thursday							
Friday							
Saturday							
Sunday							

How many hours per day?							
Total hours per week?							

Instructions: When you are a part time network marketer you have to make sure you give enough time to your business. This little schedule can help you plan out your time. Use the examples on page 2 to help plan out your schedule. Try to break down your days into time increments. For example if you work your job from 8:00 AM to 5 PM then you'll want to setup a time from 8:30 AM to Noon, Noon to 1 PM for lunch, 1PM to 5PM for the rest of your day. Then you'll find little "gaps" in your schedule where you can add in business activities.

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Example Schedule

Day of Week	7AM -8:00 AM	8:00 AM - Noon	Noon - 1 PM	1 PM - 5 PM	5 PM - 7 PM	7 PM - 9 PM	9 PM - 11 PM
Monday	flyers on way to work	job	Call prospects at lunch	job	call prospects or team members	Monday night football	Monday night football
Tuesday	breakfast chamber meeting	job	Call prospects at lunch	job	flyers on way home	family time	team training teleseminar
Wednesday	flyers on way to work	job	meet prospect for lunch	job	family time	family time	internet marketing
Thursday		job	attend networking luncheon	job	call prospects or team members	date night with wife	date night with wife
Friday		job	Call prospects at lunch	job	call prospects or team members	family time	family time
Saturday		Saturday team event	family time	family time	family time	family time	family time
Sunday		church	family time	Meet with prospect	family time	family time	internet marketing

How many hours per day?	3 hours	3 hours	5 hours	4 hours	8 hours		6 hours
Total hours per week	29 hours						